Reinforcement Learning

Dr Stephen James Autumn Term 2025

Imperial College London

Reinforcement Learning Lecture 1: Markov Decision Processes

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Outline

- 1. Introduction
- 2. Markov Decision Processes
- 3. Policies and Returns
- 4. Value Functions
- 5. Bellman Equations
- 6. Optimal Policies and Bellman Optimality

Introduction

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How does reinforcement learning actually work?

Intro: Why RL is amazing and will change the world



Lecture 1: How does RL actually work?

Prerequisites

• Linear algebra, probability theory, calculus

Learning Outcomes

- Understand what makes RL different from other ML
- Master the mathematical framework: MDPs
- · Learn the core concepts: policies, value functions, Bellman equations

What mathematical tools do we need for RL?

Probability Essentials

- Conditional probability: $P(A|B) = \frac{P(A \cap B)}{P(B)}$
- Chain rule: $P(A \cap B) = P(A|B)P(B)$

Expectation

- Definition: $\mathbb{E}[X] = \sum_{x} x \cdot P(X = x)$
- Linearity: $\mathbb{E}[aX + bY] = a\mathbb{E}[X] + b\mathbb{E}[Y]$
- Conditional: $\mathbb{E}[X|Y] = \sum_{x} x \cdot P(X = x|Y)$
- Law of total expectation: $\mathbb{E}[X] = \mathbb{E}[\mathbb{E}[X|Y]]$

How does RL fit with other types of machine learning?

| Paradigm | Learning Signal | Goal | Examples |
|---------------|------------------|--------------------|--------------------------|
| Supervised | Labeled examples | Predict labels | Image classification |
| | (x, y) pairs | y = f(x) | Language translation |
| Unsupervised | Unlabeled data | Find patterns | Clustering |
| | x only | Density, structure | Dimensionality reduction |
| Reinforcement | Rewards | Maximize return | Game playing |
| | (s, a, R, s') | Optimal actions | Robot control |

What makes RL uniquely challenging?

Key RL Challenges

- **Delayed consequences**: Actions have long-term effects
- Exploration vs exploitation: Try new things vs use what works
- Credit assignment: Which actions led to rewards?
- Non-stationary: Your actions change the data distribution

Why These Don't Exist in Supervised Learning

- Immediate feedback: Each (x, y) pair gives direct feedback
- Fixed dataset: No exploration needed, all data available
- · Clear attribution: Each input directly maps to output
- · Stationary: Data distribution doesn't change during training

Markov Decision Processes

- 1. Introduction
- 2. Markov Decision Processes
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- 4. Value Functions
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How do we formalize sequential decision making problems?

Definition (Markov Decision Process (MDP))

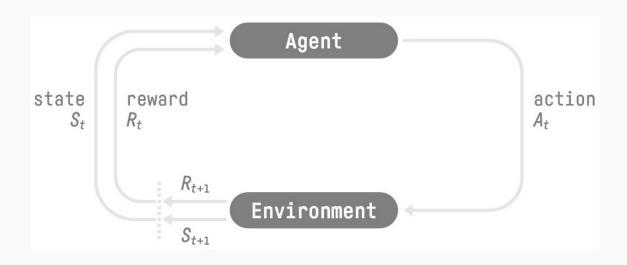
A model for sequential decision making when outcomes are uncertain.

Formally defined by the tuple (S, A, P, R):

- \cdot \mathcal{S} : Set of **states** all possible situations
- \cdot \mathcal{A} : Set of actions all possible decisions
- P(s'|s,a): Transition probabilities how actions change states
- R(s, a, s'): Reward function immediate feedback for transitions

If you can specify (S, A, P, R), you can apply RL!

What does the agent-environment interaction look like?



The RL Loop:

- 1. Agent observes **state** s_t
- 2. Agent takes **action** a_t
- 3. Environment gives **reward** r_{t+1}
- 4. Environment transitions to new **state** s_{t+1}
- 5. Repeat...

Goal: Learn to maximize cumulative reward

Do tasks have natural start and end points?

Definition (Episode)

A complete sequence of interaction from start to terminal state:

$$S_0, A_0, R_1, S_1, A_1, R_2, S_2, \dots, S_T$$

where S_T is a terminal state.

Types of MDPs

- Episodic: Has clear start/end states (games, tasks)
 - · Chess game, robot reaching goal, Atari game
- Continuing: No terminal states (ongoing processes)
 - · Stock trading, server management, autonomous driving

Why this matters: Affects how we define returns and value functions

Atari Breakout

• States: ?

Actions: ?

• Rewards: ?

Autonomous Driving

• States: ?

Actions: ?

• Rewards: ?

Robot Manipulation

States: ?

• Actions: ?

• Rewards: ?

Recommendation Systems

• States: ?

Actions: ?

• Rewards: ?

Atari Breakout

- States: Pixel observations
- Actions: Left, Right, Fire
- Rewards: +1 for brick hit

Autonomous Driving

- States: ?
- Actions: ?
- Rewards: ?

Robot Manipulation

- States: ?
- Actions: ?
- Rewards: ?

Recommendation Systems

- States: ?
- Actions: ?
- Rewards: ?

Atari Breakout

• States: Pixel observations

• Actions: Left, Right, Fire

• Rewards: +1 for brick hit

Autonomous Driving

• States: Camera, lidar, GPS

• Actions: Steering, throttle, brake

Rewards: Safe, efficient driving

Robot Manipulation

• States: ?

• Actions: ?

• Rewards: ?

Recommendation Systems

• States: ?

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Autonomous Driving

- States: Camera, lidar, GPS
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Robot Manipulation

- States: Joint angles, object poses
- Actions: Joint torques/velocities
- Rewards: Task completion

Recommendation Systems

- States: ?
- Actions: ?
- Rewards: ?

Atari Breakout

- States: Pixel observations
- Actions: Left, Right, Fire
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- States: Camera, lidar, GPS
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Robot Manipulation

- States: Joint angles, object poses
- Actions: Joint torques/velocities
- Rewards: Task completion

Recommendation Systems

- States: User history, context
- · Actions: Recommend items
- Rewards: Clicks, purchases, ratings

Why start with finite state and action spaces?

Definition (Finite MDP)

An MDP where both state and action sets are finite:

- $|S| = n < \infty$ (finite number of states)
- $|A| = m < \infty$ (finite number of actions)

Why Start With Finite MDPs?

- Mathematical tractability: Can represent everything as matrices/tables
- Exact solutions: Can find optimal policies exactly
- · Clear intuition: Easy to visualize and understand
- Foundation for continuous: Continuous methods often discretize or generalize these ideas

How do we model uncertainty in state transitions?

Definition (Dynamics/Transition Function)

$$P(s'|s,a) = \Pr[S_{t+1} = s'|S_t = s, A_t = a]$$

The probability of transitioning to state s' given current state s and action a.

Key Properties

- Probability distribution: $\sum_{s' \in S} P(s'|s, a) = 1$ for all s, a
- Stationary: Transition probabilities don't change over time
- · Markovian: Next state depends only on current state and action

Deterministic Example:

• GridWorld: P(s'|s, Right) = 1 if s' is right of s

Stochastic Example:

• Sticky GridWorld: P(s'|s, Right) = 0.9 if s' is right, P(s|s, Right) = 0.1

Why is the Markov property so important?

Definition (Markov Property)

The future is independent of the past given the present:

$$P(s_{t+1}|s_t, a_t, s_{t-1}, a_{t-1}, \dots, s_0, a_0) = P(s_{t+1}|s_t, a_t)$$

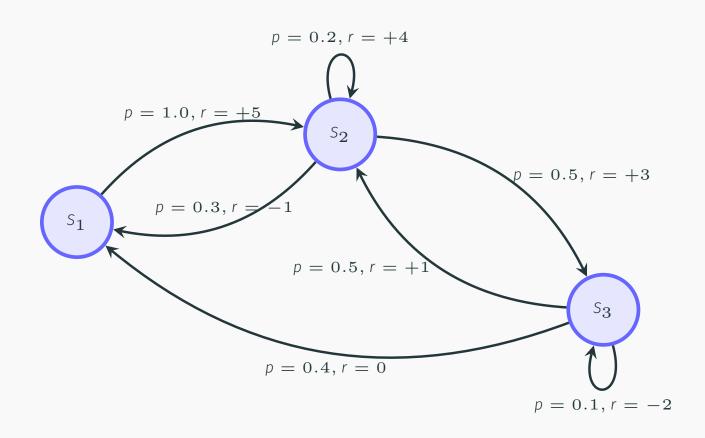
What This Means

- The current state contains all information needed to predict the future
- We don't need to remember the entire history
- Makes the problem mathematically tractable

Markovian vs Non-Markovian Examples

- Markovian: Chess position, robot joint angles + velocities
- Non-Markovian: Single Atari frame (no velocity), stock prices, poker (hidden cards)

How can we visualize MDP structure?



State Transition Diagram:

- Nodes = states, Arrows = transitions
- Labels show probability (p) and reward (r)
- Self-loops = staying in same state

How do we represent MDPs mathematically?

Transition Matrix P

$$\mathbf{P}_{ij} = P(S_{t+1} = j | S_t = i)$$

$$\mathbf{P} = \begin{bmatrix} S_1 & S_2 & S_3 \\ \hline S_1 & 0.0 & 1.0 & 0.0 \\ \hline S_2 & 0.3 & 0.2 & 0.5 \\ \hline S_3 & 0.4 & 0.5 & 0.1 \end{bmatrix}$$

Each row sums to 1.0

Reward Matrix R

$$\mathbf{R}_{ij} = E[R_{t+1}|S_t = i, S_{t+1} = j]$$

$$\mathbf{R} = \begin{bmatrix} S_1 & S_2 & S_3 \\ S_1 & 0 & +5 & 0 \\ S_2 & -1 & +4 & +3 \\ S_3 & 0 & +1 & -2 \end{bmatrix}$$

Expected reward per transition

This can be ofe, made only for discrete and finite space

Policies and Returns

- 1. Introduction
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How do agents choose actions?

Definition (Policy)

A policy π is a mapping from states to actions:

- **Deterministic**: $a = \pi(s)$
- Stochastic: $a \sim \pi(a|s)$

Example Policies:

- Random: Choose actions uniformly
- Greedy: Always go toward goal
- Safe: Avoid traps at all costs
- Optimal: Maximize cumulative reward

The goal of RL is to find the optimal policy π^* !

How do we measure total reward over time?

The Problem

How do we measure "total reward" when actions have long-term consequences?

Simple Example: Saving Money

- Today: Save \$100 (reward = -\$100)
- Tomorrow: Earn \$5 interest (reward = +\$5)
- Next day: Earn \$5 more interest (reward = +\$5)

•

Question: Was saving worth it? We need to sum ALL future rewards.

Why do we discount future rewards?

Definition (Discounted Return)

The return G_t is the cumulative discounted reward from time t:

$$G_t = R_{t+1} + \gamma R_{t+2} + \gamma^2 R_{t+3} + \dots = \sum_{k=0}^{\infty} \gamma^k R_{t+k+1}$$

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with vegreet
returns
with my if forgetting!

Why Discounting? ($\gamma < 1$)

· Mathematical convenience: Ensures finite returns

- Uncertainty: Future rewards are less certain
- Preference: We prefer immediate rewards
- · Computational: Avoids infinite planning horizons

Examples: $\gamma=0$ (myopic), $\gamma=0.9$ (balanced), $\gamma=1$ (far-sighted)

Value Functions

- 1. Introduction
- 2. Markov Decision Processes
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How do we predict future success?

Definition (State Value Function)

The value of state s under policy π is the expected return:

$$V^{\pi}(s) = \mathbb{E}[G_t|s_t = s, \pi]$$

Definition (Action Value Function (Q-function))

The value of taking action a in state s under policy π :

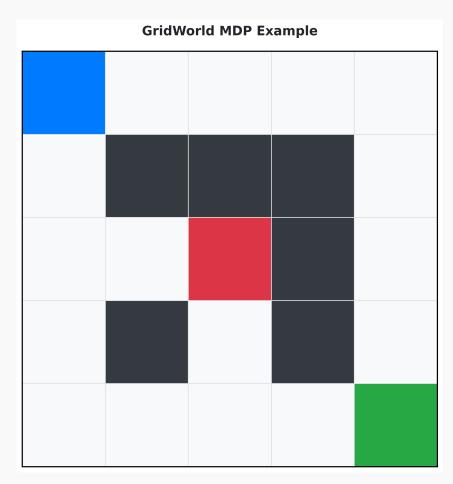
$$Q^{\pi}(s,a) = \mathbb{E}[G_t|s_t = s, a_t = a, \pi]$$

Intuition

- $V^{\pi}(s)$: "How good is it to be in state s?"
- $Q^{\pi}(s, a)$: "How good is it to take action a in state s?"
- · Both measure expected future reward, not immediate reward!



What do value functions look like visually?

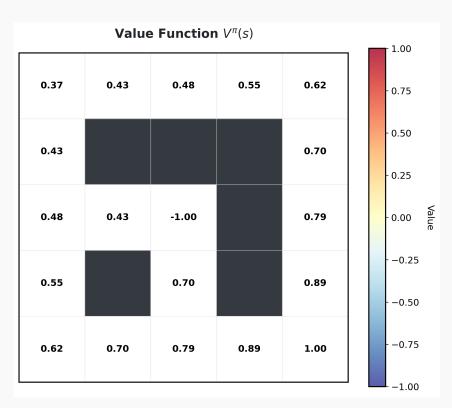


Simple 5×5 GridWorld

MDP Components:

- S: Grid positions (i, j)
- A: {Up, Down, Left, Right}
- P: Deterministic movement
- R: Goal=+1, Trap=-1, Step=-0.01
- $\gamma = 0.9$

How do values spread through the state space?



State values $V^{\pi}(s)$ for a specific policy

What We See:

- Goal state: High value (close to +1)
- Trap state: Low value (close to -1)
- Gradient: Values decrease with distance from goal

Key Insight: Value functions tell us which states are "good" to be in!

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In the GridWorld example, if $\gamma = 0$ (no discounting), what happens?

- A) The agent becomes more patient
- B) Only immediate rewards matter
- · C) The Bellman equation becomes invalid
- D) All states have the same value
- E) The policy becomes deterministic

Bellman Equations

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- 3. Policies and Returns
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Value functions satisfy a **recursive relationship** - we can define the value of a state in terms of the values of its successor states.

$$V^{\pi}(s) = \mathbb{E}[G_{t}|S_{t} = s, \pi]$$

$$= \mathbb{E}[R_{t+1} + \gamma G_{t+1}|S_{t} = s, \pi]$$

$$= \mathbb{E}[R_{t+1} + \gamma \mathbb{E}[G_{t+1}|S_{t+1} = s', \pi]|S_{t}, \pi]$$

$$= \mathbb{E}[R_{t+1} + \gamma V^{\pi}(S_{t+1})|S_{t} = s, \pi]$$

$$= \sum_{a} \pi(a|s) \sum_{s',r} P(s', r|s, a)[r + \gamma V^{\pi}(s')]$$

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What is the fundamental relationship in value functions?

Value functions satisfy a **recursive relationship** - we can define the value of a state in terms of the values of its successor states.

Theorem (Bellman Equation)

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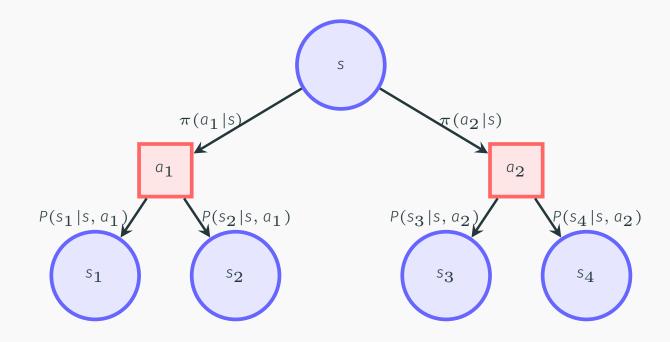
$$= \mathbb{E}[R_{t+1} + \gamma V^{\pi}(S_{t+1})|S_{t} = s, \pi]$$

$$= \sum_{a} \pi(a|s) \sum_{s',r} P(s', r|s, a)[r + \gamma V^{\pi}(s')]$$

This equation is the foundation of ALL reinforcement learning algorithms!

How can we visualize the Bellman equation?

Backup Diagram for $V^{\pi}(s)$:



Key: States (circles), Actions (squares), Values flow backwards through tree

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The Bellman equation expresses:

- A) How to compute immediate rewards
- B) The relationship between current and future values
- C) How to choose optimal actions
- D) The transition probabilities
- E) The discount factor

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Which of these is **NOT** a correct step in deriving the Bellman equation?

A)
$$V^{\pi}(s) = \mathbb{E}[G_t|s_t = s, \pi]$$

B)
$$V^{\pi}(s) = \mathbb{E}[R_{t+1} + \gamma G_{t+1} | s_t = s, \pi]$$

C)
$$V^{\pi}(s) = \sum_{a} \pi(a|s) \sum_{s'} P(s'|s, a) [r + \gamma V^{\pi}(s')]$$

D)
$$V^{\pi}(s) = \sum_{a} \pi(a|s) \sum_{s',r} P(s',r|s,a) \gamma[r + V^{\pi}(s')]$$

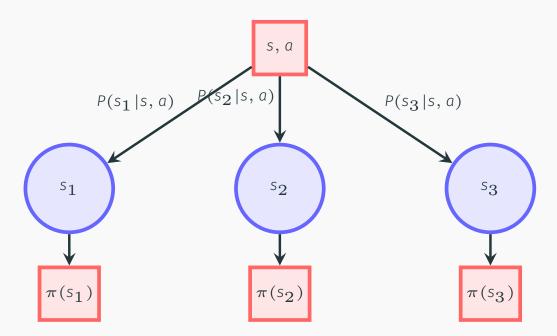
E)
$$V^{\pi}(s) = \sum_{a} \pi(a|s) \sum_{s',r} P(s',r|s,a)[r + \gamma V^{\pi}(s')]$$

What about Bellman equations for action values?

Theorem (Bellman Equation for Action Values) The action value function $Q^{\pi}(s, a)$ satisfies:

$$Q^{\pi}(s,a) = \sum_{s',r} P(s',r|s,a)[r + \gamma \sum_{a'} \pi(a'|s')Q^{\pi}(s',a')]$$

Backup Diagram for $Q^{\pi}(s, a)$:



Optimal Policies and Bellman Optimality

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What defines the best possible policy?

Definition (Optimal Value Functions)

sur get this by exploring the environment

$$V^*(s) = \max_{\pi} V^{\pi}(s) \tag{1}$$

$$Q^*(s, a) = \max_{\pi} Q^{\pi}(s, a)$$
 (2)

Relationship Between Optimal Functions

ween Optimal Functions
$$Q^*(s,a) = \mathbb{E}[R_{t+1} + \gamma V^*(s') | s_t = s, a_t = a] \qquad \text{- what } | \text{ get}$$

$$V^*(s) = \max_{a} Q^*(s,a) \qquad \text{- what } | \text{ comes in future}$$

Definition (Optimal Policy)

An optimal policy π^* satisfies:

$$\pi^*(s) = \operatorname{argmax}_a Q^*(s, a)$$

How do we find the optimal value function?

We want the optimal policy π^* that maximizes value, not just evaluate a given policy.

Key insight: If we act optimally, we choose the action with highest Q-value:

$$\pi^*(s) = \operatorname{argmax}_{\mathbb{Q}} \overline{Q^*(s,a)}$$
 This means: $V^*(s) = \max_a Q^*(s,a)$ this perform the metion!

Can we write a recursive equation for $V^*(s)$ like we did for $V^{\pi}(s)$?

The Bellman Optimality Equation expresses the optimal value function recursively:

$$V^*(s) = \max_{a} Q^*(s,a) \qquad \text{(choose best action)}$$

$$= \max_{a} \mathbb{E}[G_t|S_t = s, A_t = a, \pi^*] \qquad \text{(expected return under optimal policy)}$$

$$= \max_{a} \mathbb{E}[R_{t+1} + \gamma G_{t+1}|S_t = s, A_t = a, \pi^*] \qquad \text{(break into immediate + future)}$$

$$= \max_{a} \mathbb{E}[R_{t+1} + \gamma V^*(S_{t+1})|S_t = s, A_t = a] \qquad \text{(future return is optimal)}$$

$$= \max_{a} \sum_{s' \in S} P(s', r|s, a)[r + \gamma V^*(s')] \qquad \text{(expand expectation)}$$

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The Bellman Optimality Equation expresses the optimal value function recursively:

Theorem (Bellman Optimality Equation for V^*)

$$V^*(s) = \max_a Q^*(s,a) \qquad \text{(choose best action)}$$

$$= \max_a \mathbb{E}[G_t|S_t = s, A_t = a, \pi^*] \qquad \text{(expected return under optimal policy)}$$

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$$= \max_a \mathbb{E}[R_{t+1} + \gamma V^*(S_{t+1})|S_t = s, A_t = a] \qquad \text{(future return is optimal)}$$

$$= \max_a \sum_{s',r} P(s',r|s,a)[r+\gamma V^*(s')] \qquad \text{(expand expectation)}$$

$$Q^*(s, a) = \mathbb{E}[R_{t+1} + \gamma \max_{a'} Q^*(s', a') | s_t = s, a_t = a]$$
$$= \sum_{s', r} P(s', r | s, a) [r + \gamma \max_{a'} Q^*(s', a')]$$

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If you got lost today, at what point did you lose track?

- A) Markov property and MDPs
- B) Bellman equations for state values
- · C) Bellman equations for action values
- D) Backup diagrams
- E) Optimal value functions and policies
- F) Bellman optimality equations
- G) All concepts are clear

How does this connect to modern deep reinforcement learning?

The Bridge from Classical to Modern

- · Same math, different representation
- · Tables -> Neural networks ~ the tables are only predicted by a network
- · Exact solutions → Approximate solutions ~ heave of predictions...
- Small problems \rightarrow Complex problems \sim \sim

Tabular RL:

- V(s) stored in table
- Q(s, a) stored in table
- Exact Bellman updates
- Works for small |S|, |A|

Deep RL:

- $V(s) \approx V_{\theta}(s)$ neural net
- $Q(s,a) \approx Q_{\theta}(s,a)$ neural net
- Approximate Bellman updates
- Scales to huge state spaces

What are the key concepts we've learned today?

Key Takeaways

- MDPs: Formalize RL problems with states, actions, rewards
- Policies: Define agent's behavior, can be deterministic or stochastic
- Returns: Measure long-term success using discounted rewards
- · Value Functions: Predict future success from states or state-action pairs
- Bellman Equations: Capture recursive relationships in value functions
- Optimal Policies: Achieve maximum expected return, defined by optimal value functions

Next Week: Dynamic Programming - How to compute optimal policies and value functions using Bellman equations

Reading and Resources

Essential Reading

- Sutton & Barto: Chapters 1 to 3 (MDPs and Bellman Equations)
- Focus especially on: Section 3.3 (Returns), 3.5 (Policies and Value Functions), 3.6 (Optimal Policies)